The Rockaway Beach Rugby 7's Tournament







Since 1977

Club Captains, Coaches and Representatives,

On behalf of the Rockaway Fisheads, thank you for participating in our Annual Rugby 7's Summer Classic.

Note: All players must be registered (CIPPed) with USA Rugby to compete. Please register your players and provide us with their CIPP numbers prior to the start of tournament. Please send to us, via email:

patrick.steffens@avisonyoung.com

See Empire GU roster form and website on our website.

All players must understand that the sport of rugby is a contact sport that may result in injury. To help prevent any injuries please take the time to read our safety guidelines and exhibit sportsmanship at all times. On and off the field.

**** We will start the matches at **8:00am**. So, Captains should be at the main tent at 7:30am to check-in. Check your team # and follow the schedule closely while checking the progress of the tournament. You must be ready and waiting to get on the pitch every time you are scheduled to play. NO grace periods for late teams.

- 1. The food court will be located by the Rockaway Little League Clubhouse. This will give everyone a better selection of food and beverage during the day. Also, "real" bathrooms are available.
- 2. Each team is permitted to bring their own beverages to the park. There is only one rule. NO GLASS CONTAINERS OR BOTTLES! Broken glass and rugby does not mix well. So, it's BYOB in cans or plastic.
- 3. Each team gets a garbage bag. Please remove your garbage from your area and place it in the designated area.
- 4. Medical staff is from Downstate Medical Hospital report all injuries to the main team and discuss the injury with a doctor. A FDNY ambulance will be stationed near the park, if transport is needed. BAYVIEW URGENT CARE INFO IS AVAILABLE
- 5. Enjoy yourself. Between matches, take a walk to the food concession area, park or the beach. Stay covered from the sun with "sunblock" and bring Easy-off bug spray for the early morning pests. Bring plenty of water. Water access is available
- 6. Bring your full rugby kit with you. Only t-shirts will be available at the main tent.

Thank you, Rockaway Beach Rugby 7's Organizing Committee

Information and Rules of the Rockaway 7's Tournament

Subject to change: check tent for new information.

- 1. All players must be properly registered and placed on the waiver form. Improper registration will result in the forfeit of the game and tournament.
- 2. Each match shall consist of two 7 minute periods with a 2 minute half-time interval.
- 3. Each team should be on the field and ready to play at their scheduled time. At the qualifying competitions, the local tournament rules govern this situation. At the USARE Sevens Rugby Championship, a try will be awarded at 2nd minute increments (without goal kicks), with a forfeit occurring at the elapsed time of the first period.
- 4. In case of round robin divisional play, scoring for advancement shall be as follows:

3 points for a win \sim 2 point for a tie \sim 1 points for a loss \sim - forfeit or no - show

5. In the case of a tie at the end of divisional play, the following criteria shall be used in the order listed:

| Tie breaker 1 is head to head | |
|---|--|
| Tie breaker 2 is overall point differential | |
| Tie breaker 3 is total tries scored | |
| Tie breaker 4 is total points scored | |
| Tie breaker 5 is converted tries scored | |
| Tie breaker 6 is coin toss | |
| Tie breaker 6 is coin toss | |

6. In case of a tie at the end of any knockout rounds, i.e. quarter finals, semifinals or final, there shall be:

- i. A rest interval not to exceed 3 minutes.
- ii. A coin toss to determine choice of kick or end.
- iii. Sudden Death, in rotating 5 minute periods with a 1 minute rest interval between periods.
- 7. A maximum of three players may be replaced, for injury only, during a game.
- 8. If the player leaves a game due to head injury or potential head injury, he/she may not participate any further in that match. The injured player may participate in later matches for that team with the approval of the Event Doctor.
- 9. If a player is sent off with a red card, he/she may not participate any further in that tournament. The Referee will forward the report to the player's EGU Disciplinary Committee for action. 3 yellow cards in the tournament constitutes as 1 red card and will result in player exemption.

The proceeds from sales at our concession area go directly to Little League operating funds, including the payment for professional umpires.

Thanks for your support!

Hot stuff

| Hot Dogs | \$2.00 |
|---------------|--------|
| Hamburgers | \$3.00 |
| Cheeseburgers | \$3.25 |
| Knish | \$2.00 |
| Pretzel | \$1.75 |
| Soup | \$1.50 |
| Nachos | \$2.75 |

Breakfast

| Bagel w/ 2 eggs | \$2.75 |
|-----------------------|-------------|
| Bagel w/eggs & cheese | \$3.00 |
| Bacon on sandwich | \$.50 extra |
| Buttered bagel | \$1.50 |
| Bagel w/ cream cheese | \$1.75 |
| Cakes & Muffins | \$1.50 |
| | |

Thanks to all of our concession stand volunteers for their time and hard work!

Extras

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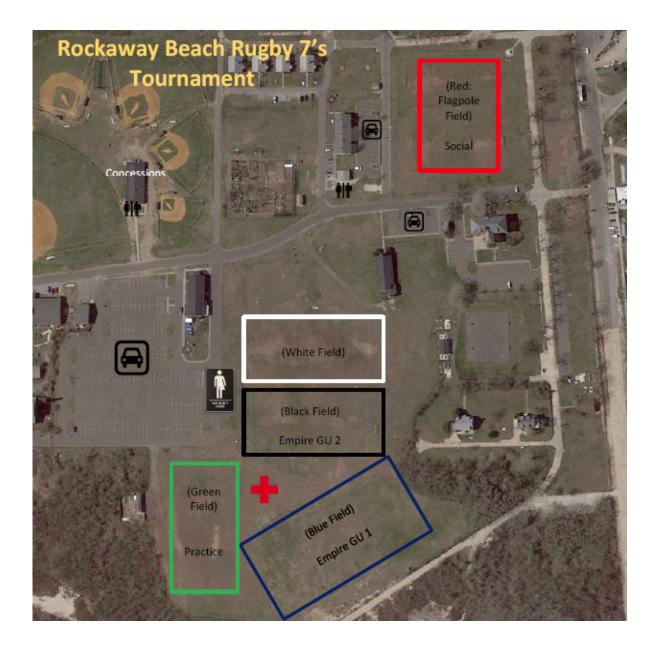
| Italian Ices | \$1.00 | | |
|-------------------------------------|--------------|--|--|
| Sunflower seeds | \$1.00 | | |
| Airheads | 5 for \$1.00 | | |
| Chips | \$.50 | | |
| Bazooka gum 10cents, 3 for 25 cents | | | |
| Sour belts 25 cents, 5 for \$1.00 | | | |
| Push pops & Ring pops \$1.00 | | | |
| Big league chew | \$1.50 | | |
| Starburst | \$1.25 | | |
| Candy | \$1.00 | | |
| | | | |

To Drink

Change

| Gatorade or Snap | ple | \$2.00 |
|------------------|-----|--------|
| Soda or water | | \$1.25 |
| Orange Juice | | \$1.25 |
| Juice Box | | \$.75 |
| Coffee/Tea | sm. | \$1.25 |
| | lg. | \$1.75 |
| Hot chocolate | | \$1.25 |
| | | |

** Fruit and Power bars will be added to the menu. **Prices Subject to**



INFO

* Food Court is in the Little League Field House (Look for American Flag)

* The bathrooms are in the little league house, in the small brown building and we have several port-ajohns around the perimeter of the fields.

* Medical Staff will be at the rugby trailer (Look for red cross signs).

* Nearest Medical Care - Bayview Urgent Care 115-06 Beach Channel Drive; Suite 1, Rockaway NY 11694 Hours on Saturday 9a-3p, Phone 718-474-7755